

CIRCLE Project

***"COMMUNITIES INVESTING IN RELATIONSHIPS CREATING
LIFE-LONG EMPOWERMENT"***



In the Beginning...

- ALBERTA HEALTHY SCHOOL COMMUNITY WELLNESS GRANT
- SCHEP/ CSH
- WRPS PRIORITY AREA
- DISCUSSION WITH POTENTIAL PARTNERS
- PROJECT START-UP

Year One:

WHAT DID THE PROJECT LOOK LIKE?

- OBJECTIVES AND GOALS
- PARTICIPATING SCHOOLS
- LOGISTICS OF PROGRAM

Year Two:

HOW HAS THE PROJECT EVOLVED?

- OBJECTIVES AND GOALS**
- PARTICIPATING SCHOOLS**
- LOGISTICS OF PROGRAM**

School Successes In The Three Focus Areas



Healthy Eating



- **Healthy snack programs & Healthy Snack Preparation**
- **“Snazzy Snacks” cookbook**
- **Eliminated vending machines**
- **Supplementation of healthy choices in canteens**
- **Grade 3 and 6 students explored how many students could be fed on a limited budget**
- **Foods class was created, prepared lunch for students**
- **All schools began the process of aligning food choices with Alberta Nutrition Guidelines**
- **Information on healthy eating more evident at schools**



Active Living



- **Connections made to community facilities**
- **All schools joining Ever Active Schools**
- **Weight room**
- **Parent & student drop-in badminton**
- **Walking club**
- **Ever Active Breaks**
- **“Yoga Kids”**
- **Equipment purchased to enhance DPA**





Positive Social Environments



- “Virtues” or “Character Education” programs
- Global Community members
- Student Leadership groups
- In-depth Gang Workshops
- Health Fair
- “Roots Of Empathy”



School Successes In The Three Focus Areas

**Nipisihkopahk
Elementary**

- *Belinda
Lightning*



**Ehpewapahk
Community
School**

- *Sandy
Palmer*

Building Community

- **Sharing of resources**
- **Sharing of P.D. opportunities**
- **All schools offering healthier food choices**
- **Ever Active Schools widely accessed by schools in our jurisdictions**
- **“Roots Of Empathy” now in 4 Bands Schools**
- **“Restorative Justice” program**
- **Positive Working relationship between our school communities**

Sustainability

OPENED DOORS:

- PD OPPORTUNITIES FOR STAFFS
- PARTNERING OPPORTUNITIES FOR SCHOOLS
- SHARING OF RESOURCES
- COMMUNICATION BETWEEN JURISDICTIONS

“Improving relationships between the communities and reducing the stereotypes has positive implications for the students and us as well”

Belinda Lightning, NES

Crucial Learnings For Effective Collaboration



- Relationships
- Processes
- Resources