

# Conference at a Glance

## Friday, January 27, 2012

6:30 – 7:15 am	Morning walk/run OR Yoga (Optional but recommended for overall good health) - <i>Convention Foyer</i>				
7:15 – 8:00 am	Registration and Breakfast – <i>Convention Foyer</i>				
8:00 – 8:30 am	Minister's Address - Dave Rodney, MLA Calgary-Lougheed				
8:30 – 9:30 am	<b>Speak Out - Minister's Student Advisory Council Student Panel</b>				
9:30 – 9:45 am	Health Break - Visit Exhibitors				
<b>Concurrent Session 1</b>					
9:45 – 10:50 am	Shaping the Future by Making it Better for Bullied Students, Gary Simpson - Sinclair/Palliser	Key Concepts in Health Promoting Schools, Steve Manske -Bronze	Rocky View Schools Healthy Eating Guidelines: Making a Difference in Schools, Theresa Mclsaac - Dawson/Stewart	Successful Healthy Eating Strategies and Initiatives in the Edmonton Area, Carrie Rae - Gold	Evaluation of Manitoba's Mandatory K-12 Phys Ed Policy, Jon McGavock - Silver
10:50 – 11:05 am	Health Break - Visit Exhibitors - Healthy snacks provided				
<b>Concurrent Session 2</b>					
11:05 – 12:10 pm	Engaging Parents in Healthy School Communities, Meg Irwin - Gold	Horticulture and Health: How Veggie "Grow Ops" Benefit Your Students, Brent Andressen - Dawson/Stewart	Partnerships, Partnerships, Partnerships:" How Can they Work for You?, Melanie Vance - Silver	Promoting Positive Development Through School and Community Sport Programs, Dr. Nick Holt - Sinclair/Palliser	Creating Healthy School Communities - A Panel Conversation, Lorna Muise - Bronze
12:10 – 2:00 pm	Bag Lunch and Wellness Activity Break: Get out and get ACTIVE! Opportunities to play in the snow (ski, skate, showshoe, walk) - <i>Convention Foyer</i>				
<b>Concurrent Session 3</b>					
2:15 – 3:20 pm	Success Through Collaboration, Cheryl Shinkaruk - Dawson/Stewart	Weight-Related Issues in Schools, Dr. Shelly Russell-Mayhew - Gold	Marketing Foods to Children: Policy, Problems and Practices, Dr. Charlene Elliot - Silver	Developing Healthy School Communities: The Role of Students and Parents, Emma Wilkins - Bronze	Comprehensive School Health: From 'best practice' to 'next practice' with new suggestions for promoting healthy eating and active living, Dr. Veugelers - Sinclair/Palliser
3:20 – 3:35 am	Health Break - Visit Exhibitors				
<b>Concurrent Session 4</b>					
3:35 – 4:40 pm	Schools as Setting for Promoting Positive Mental Health, Jo-Ellen Sterling - Gold	Child Health Initiative Project (CHIP), Zlatica Ristic - Silver	FitKids, Shane Spriggs - Sinclair/Palliser	How Can School Districts Support the Development of Healthy School Communities, Rhonda Patton - Dawson/Stewart	We Have Been Studied to Death, Now it is Time we Study Ourselves Back to Life - Harvesting effective and meaningful collaborations between FNMI Communities and research: A Learning Journey, Cindy Deschenes - Bronze
4:40 - 5:45 pm	Relax Network				
5:45 - 6:30 pm	Cash bar, snacks, exhibitor tables and networking – <i>Convention Foyer</i>				
6:30 – 8:15 pm	Dinner and Speaker - <b>Dr. James Talbot</b> , Senior Provincial Medical Officer of Health, Alberta Health and Wellness - <i>Olympic Ballroom</i>				
8:15 pm – 1:00 am	Dance and PARTY!!				

# Conference at a Glance

**Saturday, January 28, 2012**

6:30 – 7:15 am	Morning walk/run or Yoga (Optional but recommended for overall good health) - <i>Convention Foyer</i>				
7:30 - 8:00 am	Continental Breakfast - <i>Convention Foyer</i>				
8:00 – 9:10 am	Keynote Speaker - <b>Dr. Bill Morrison</b> , University of New Brunswick Presented by: Physical & Health Education Canada				
9:15 - 9:25 am	Health Break - Visit Exhibitors				
<b>Concurrent Session 5</b>					
9:25 - 10:30 am	CORE: Creating Opportunities for Resiliency and Engagement, Mental Health Capacity Building in Schools, Lauren Lailey - Sinclair/Palliser	Amiskwaciy's Medicine Wheel Teachings - Holistic Healing in High Schools, Felicia Ochs - Dawson/Stewart	Classroom Student Leadership with Action Schools B.C., Shana Alexander - Silver	Move and Play Through Physical Literacy - Partnerships Across Sectors, Lindsay Wright - Bronze	Promoting School Health: Keys to Collective Action, Caley Hartney - Gold
10:30 – 10:45 am	Health Break - Healthy Snacks provided				
<b>Concurrent Session 6</b>					
10:45 – 11:50 am	Foster Community Action to ChooseWell, Damien Traverse - Gold	Got Health? Health Promoting Schools in the Central Okanagan, Janelle Zebedee - Sinclair/Palliser	Facilitating Change, Erin Wright - Silver	A Framework for Building Mentoring Relationships in Schools, Mike Cooper - Bronze	High School Health and Physical Education: A Targeted Conversation, Doug Gleddie - Dawson/Stewart
12:00 – 1:20 pm	Bag Lunch, Conference Wrap-Up and Prizes				

## Physical & Health Education Canada A National Voice for Healthy, Active Schools

PHE Canada is one of the most respected voices in the country for health and physical education. Visit our booth and find out more about:

- ▶ Our selection of **education resources and equipment**
- ▶ Programs, such as **At My Best®** and **Always Changing / Vibrant Faces**
- ▶ **Student Leadership** resources
- ▶ The **Health Promoting Schools** initiative
- ▶ Our **2012 National Conference**



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