

Shaping the Future

Pre-Conference: **Thursday, January 26, 2012 10:00 - 3:30pm**

Building Healthy First Nations, Métis and Inuit (FNMI) Schools

Ever Active Schools is hosting Dr. Jon McGavock who will explore research, challenges and successes in FNMI schools in Canada. Dr. McGavock is an Associate Professor and CIHR New Investigator at the Manitoba Institute of Child Health. During this session data will be presented regarding the need for diabetes prevention and management programs among Aboriginal youth. He will also share his experience working with First Nations communities in Northern Manitoba and relay stories of community members that have participated in these programs.

The session will highlight successful interventions and detail key strategies in gaining full community engagement. The session will have the voice of research, community, teachers, and students.

Morning Session:

10:00-10:30am Opening Prayer

10:30-12:00pm Keynote Lectures

Keynote presenters will touch on healthy eating, active living, positive social environments, addiction and mental health among Aboriginal Communities. Presenters will vary from a provincial to a national perspective.

12:00-12:45pm Lunch

Afternoon session:

12:45-2:15pm Facilitated Discussions

2:15-3:15pm Sharing Circle

3:15-3:30pm Closing Prayer