

ALBERTA HEALTHY SCHOOL COMMUNITY WELLNESS FUND

The **School of Public Health, University of Alberta** and the **Alberta Coalition for Healthy School Communities** (ACHSC) are pleased to provide you with information about funding for projects that support healthy school communities available from the Alberta Healthy School Community Wellness Fund. Organizations that meet the eligibility criteria are invited to submit proposals for consideration.

In 2007, **Alberta Health and Wellness** established the **Alberta Healthy School Community Wellness Fund** to address issues of health and wellness among children and youth within Alberta school communities. There are **two** categories of funding available:

Category A. Larger Grant: Grants of over **\$5000 and up to \$25,000** are available for approved projects. Larger Grant projects must incorporate activities that demonstrate partnerships that include more than one school or community and preferably at a jurisdictional level and address at least two of the three priority areas of the Wellness Fund of Active Living, Healthy Eating, and Positive Social Environments.

Category B. Smaller Grants: Grants of **up to \$5,000** are available for smaller school community projects or activities or with the approval of the Project Coordinator, for specific components of larger school community projects. The project must address at least one of the three priority areas of the Wellness Fund of Active Living, Healthy Eating, and Positive Social Environments.

Projects should aim to implement Comprehensive School Health initiatives which enable them to build and strengthen the capacity of each school community.

A healthy school community is one in which all citizens including teachers, students, parents, administrators and community leaders from the private, public and social sectors as well as government, organisations, clubs, and institutions work together to create physical and social environments that support active, healthy lifestyles for school-aged children and youth.

Projects could consider working towards:

- Linking food choices to the "Choose Most Often" category from Alberta's Provincial Nutrition Guidelines and ensuring curricular and extra-curricular links have been made to healthy eating.
- Embedding a culture of active living by making links to both curricular and extra-curricular activities, making any necessary changes to the school community environment to support physical activity.
- Fostering a culture within school community where students, staff, parents, and community partners feel safe, valued and connected.
- Enacting policies that promote Comprehensive School Health and which encompass Healthy Eating, Active Living and Positive Social Environments.

We are currently accepting applications for both the Larger Grant A and Smaller Grant B categories. The application template can be downloaded from the link below. The same application template should be used for both grant categories.

The deadline for grant applications is Wednesday, January 6, 2010 at 4:00 p.m. Hard copies as well as electronic copies of applications MUST be received by Wellness Fund staff by the deadline in order to be considered for funding.