

EQUIPMENT INCLUDED:



Rhythm Sticks (1 set of 24)

Music can support the development of students in many ways; DPA including rhythm sticks allows opportunities for creative expression and can aid in the development of language and communication skills. If you are interested in learning how music can support teaching and learning [here](#). The rhythm sticks set comes with a fully illustrated activity book for educators. More rhythm stick activities, such as Beat Challenge, can be found in Ever Active Schools [DPA Greatest Hits resource](#).



Hoberman Mini Sphere

This piece of equipment used to support students to be mindful in the moment, to help them calm down and be present in the given time or experience. It can be used at the beginning of the class as a reminder to be present or it can be used for specific students when they just need to re-focus. The Mini Sphere magically expands from 5" to 12." [Click here for ideas](#) on how to use your hoberman sphere.



Zen Me Cards

The Zen Me Cards are a fantastic resource that support all dimensions of wellness. The cards include self-coping strategies to manage stress, emotions, attention and energy levels and build resiliency. There are sections within the deck to address relaxation and stress management, journal prompts, energizer ideas and more!



Coosh Ball

A light-weight ball that can be used for desk relay activities and fundamental movement skills development. This ball is easy to throw and catch and does not bounce or roll away if dropped. By using the koosh ball, an activity can promote inclusion and support all students to feel success. These can also support tactile learners and students who struggle to stay on task or fidget while seated at their desk.

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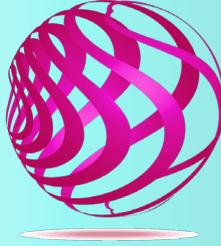
Reaction Ball 3.5"

An awesome piece of equipment to work on reaction time and hand/eye coordination within DPA activities, DPA stations or indoor recess activities. By producing unexpected bounces, this ball adds in an element of uncertainty and can promote brain development.



Beach Balls (16" and 20")

Using a beach ball allows for more processing time than other smaller and faster moving balls; this helps ensure that all students can participate in DPA and feel successful. Beach balls can be used to support pre-frontal cortex development, as well provide opportunities for students to work on their fundamental movement skills.



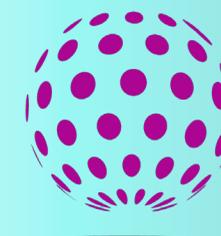
Porcupine Balls (4" and 7")

These balls are excellent to use to change up equipment in class, hallways, gym etc. Change up the type of ball in any DPA game or activity – use the porcupine sensory balls instead! Using porcupine balls supports awareness, focus and can add a calming influence into the activity. Soft vinyl construction with bumps for irregular bounces and tactile sensations. Fun little sensory tools for fidgeting, sorting tong play, and other fine motor activities.



Poly Spots (4)

Poly spots can be used in a variety of ways! They are an effective way to work on developing self-awareness and personal space with students. They can also be used to establish boundaries, act as home base for team games and targets for any type of target game.



***This equipment may be subject to change based on availability from the manufacturer. If any changes have been applied to your kit, you will be notified before it is shipped to you. If you would like more of any one item, please do not hesitate to contact us - we can arrange that. Thank you!**